



COVID SECURE RISK ASSESSMENT

LOCATION:	Ancholme Leisure Centre	Club	Cleethorpes And District Swimming club	'ROUTINE' OR 'NON-ROUTINE':	NON-Routine
SCOPE OF ACTIVITY:	Participation in competitive swim training				
PRODUCED BY:	C. Charlton (CIVIS-19 Lead)	ADDITIONAL INPUT BY: (E.g. Operatives/Workforce etc)	Head coach, Welfare Officer and Volunteer Coordinator	DATE:	05/08/2020
REVIEWED BY:	M. Butcher			NEXT REVIEW DATE:	In line with Government, Swim England and pool guidelines

ACTIVITY/SITUATION	HAZARD/CONSEQUENCE and who might be harmed	INITIAL RISK			CONTROL MEASURES REQUIRED	ACTION BY	RESIDUAL RISK		
		S	L	R			S	L	R

Spread of Coronavirus

Spread of COVID-19 Coronavirus	Reduction in social distancing resulting in the potential of contracting the Coronavirus. Swimmers Coaches Volunteers Parents Members of the public	3	4	12	If anyone becomes unwell with a new continuous cough or a high temperature in the facility, they will be sent home and advised to follow the stay at home guidance Contact parent, guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by club or facility Training timetable will be produced so that all swimmers swim in the same sessions at all times.	COVID LEAD, COVID Liaison, parents, swimmers, coaches, service provider	3	2	6
Someone becomes unwell during the session	Swimmer, coach or assistant having signs and symptoms of Covid-19 resulting in the potential transmission of the Coronavirus	3	4	12	If anyone becomes unwell with a new continuous cough or a high temperature in the facility, they will be sent home and advised to follow the stay at home guidance If it is deemed a swimmer has the signs and symptoms of Covid-19, that group of swimmers should follow the government guidelines for self-isolating. Contact parent, guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by club or facility	Coach and/or COVID Liaison	3	2	6

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Health Screening	Change in medical history since the restrictions were put in place and lack of fitness resulting injury or the transmission of the coronavirus Swimmers Coaches Volunteers Committee Members	3	4	12	Completion of the Swim England health Screen checklist before returning to the swimming pool	Parents, carers, swimmers, volunteers and committee members	3	2	6
Travel									
Carpark	Travelling to and from the swimming pool and parking Swimmers Coaches Volunteers Parents Members of the public	3	2	6	Only travel with members of your own household All signage and controls are to be adhered to at all times when using the parking facilities Swim England recommend the wearing of facial coverings during travelling to and from training	Facility provider Parents, Carers, coaches and volunteers	3	1	3
Access & Egress									
Facility entrance and reception area	Reduction in social distancing and a large number of people congregating together Swimmers Coaches Volunteers Parents Members of the public	3	4	12	A Separate entrance may be used 'this will be determined by the facility if possible'. Social distancing is to be observed when walking to the building entrance. If a queue forms 2m separation is to be used between each person.	Facility provider Parents, Carers, coaches and volunteers	3	2	6

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Swimmer drop off	Reduction in social distancing between swimmers and more than one household, resulting in the potential transmission of the Coronavirus	3	3	9	<p>Parents/carers to stay in their vehicle and drop swimmers in the carpark and allow them walk to the entrance to the pool on their own.</p> <p>Parents/carers to only allow their children to leave the car when the entrance isn't congested.</p> <p>Parents/carers to watch their children to make sure they enter the building before leaving.</p> <p>Coach or assistant to stay at the main entrance to ensure social distancing is being observed at all times</p>	Parents, Coach and/or assistant	3	2	6
Swimmer collection	Reduction in social distancing between swimmers and more than one household, resulting in the potential transmission of the Coronavirus	3	4	12	<p>Coach or assistant to stay at the main entrance to ensure social distancing is being observed at all times</p> <p>Parents/carers to stay in their vehicle and allow swimmers to walk to the vehicle on their own.</p> <p>Parents/carers to watch their children to make sure they enter the building before leaving.</p>	Parents, Coach and/or assistant	3	2	6
Accessing the building	Reduction in social distancing between swimmers, resulting in the potential transmission of the Coronavirus	3	3	12	<p>Assistant to stay at the main entrance to ensure social distancing is being observed at all times.</p> <p>Assistant to allow access along the corridor and through the changing room ensuring that all swimmers are observing social distancing at all times.</p>	Assistant	3	2	6

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Exiting the building	Reduction in social distancing between swimmers, resulting in the potential transmission of the Coronavirus	3	4	12	Assistant to allow access along the corridor and through the changing room ensuring that all swimmers are observing social distancing at all times. Assistant to stay at the main entrance to ensure social distancing is being observed at all times.	Assistant	3	2	6
Changing facilities									
Male and female changing room	Reduction in social distancing between swimmers whilst getting changed, resulting in the potential transmission of the Coronavirus	3	4	12	Changing rooms are not to be used.	Swimmer and parents	3	2	6
Pool side pre and post session									
Accessing and using the poolside	Reduction in social distancing between swimmers whilst waiting for the training session start, resulting in the potential transmission of the Coronavirus	3	3	9	Coach or assistant to ensure there is no congregating on entering the pool side and leaving the pool side, social distancing should be observed at all times Coach or assistant to ensure that swimmers are spaced out 2m apart at all time to ensure social distancing is being observed. Refer to the pool operations and pool usage diagram for guidance.	Coach and/or assistant	3	2	6

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Pre and Post Pool	Swimmers too close together in the indoor environment resulting in the potential transmission of the Coronavirus	3	4	12	<p>Pre-Pool and Post pool to be the responsibility of individual swimmer to take part in either outside or at home.</p> <p>If a group session is completed ensure numbers match guidelines and swimmers are 2m apart</p> <p>Poolside pre and post pool is not permitted</p>	Coach and/or assistant	3	1	3
Swimmers entering the pool									
Walking to the blocks prior to entering the water	Reduction in social distancing between swimmers whilst walking to the blocks and waiting to enter the pool, resulting in the potential transmission of the Coronavirus	3	4	12	<p>Limiting numbers which are allowed to attend sessions</p> <p>Encourage swimmers to walk around with social distancing</p> <p>Refer to the pool operations and pool usage diagram for guidance</p>	Coach and/or assistant	3	2	6
Training sets and taking instruction before each set									
Social distances within the pool	Reduction in social distancing between swimmers whilst walking to the blocks and waiting to enter the pool, resulting in the potential transmission of the Coronavirus	3	2	6	<p>Limited numbers per lane as guided by Swim England</p> <p>Ensure swimmers are setting off with appropriate gap with no stopping occurring unless required for medical reasons or end of set/repetition. This should be assessed by the coach and swimmers would be asked to space themselves out between the water and poolside; i.e. those that finish first are to get out and stand apart on poolside, those that finish later will remain in the water but should be 2m apart where possible.</p> <p>Refer to the pool operations and pool usage diagram for guidance</p>	Swimmer/ Coach and/or Assistant	3	1	3

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Exiting the pool									
Climbing out	Reduction in social distancing between swimmers whilst walking to the changing rooms resulting in the potential transmission of the Coronavirus	3	2	6	Swimmers are to climb out of the pool 2m apart Limiting number of swimmers that are allowed to attend sessions Encourage swimmers to walk around with social distancing 2m apart Refer to the pool operations and pool usage diagram for guidance	Coach and/or assistant	3	1	3
Welfare facilities									
Use of toilets	Reduction in social distancing between swimmers when using the toilet facilities. Touching surfaces that may hold the virus. Both resulting in the potential transmission of the Coronavirus	3	3	9	Swimmers should go to the toilet before leaving home, unless it is agreed with coach before entering the building and for medical reasons. Only 1 swimmer will be allowed to use the toilet facilities at a time. Hands are to be washed before and after for at least 20 seconds and dried thoroughly with paper towel or roll and placed in the bin provided And/or sanitised before and after using the toilet facilities. Pool assistant/coach to ensure hands are sanitised before and after use and to monitor the usage of the toilets at all times.	Service provider Coach/or assistant and Parent/carer	3	2	6

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First aid									
Administering First Aid	<p>Reduction in social distancing between First aider and casualty when giving first aid.</p> <p>First aider being in contact with casualty, i.e. fitting plasters, bandages or CPR.</p> <p>Both resulting in the potential transmission of the Coronavirus</p>	3	4	12	<p>The primary responsibility is to preserve life and first aid should be administered if required and until the emergency services attend.</p> <p>Where ever possible the casualty should be guided to carry out first aid for example fitting plasters, bandages, ice packs and fitting bandages.</p> <p>If coming into contact with the casualty is a last resort hands should be cleaned or sanitised before and after administering first aid.</p> <p>A face covering should be used by the first aider and patient and disposed of in a bin immediately after use.</p> <p>The patient should be placed with their face positioned away from the first aider where ever possible.</p> <p>Once the first aid has been administered all waste should be placed in a bin immediately.</p> <p>Hands of both first aider and swimmer should be washed immediately before continuing with the session.</p>	Coach and/or assistant	3	2	6
Cleanliness of facilities									

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All areas of the facilities	Lack of cleaning to touch points, corridors, changing rooms, poolside, pool and toilet areas.	3	4	12	<p>The service provider shall have robust cleaning processes in place.</p> <p>Offering of hand sanitiser to all swimmers and coaches shall made available and encouraged.</p> <p>Report any unclean areas or lack of cleaning equipment such as bacterial soap, toilet roll or hand towels immediately to the service provider.</p>	<p>Service provider</p> <p>Coach and/or assistant</p>	3	2	6

RISK FACTOR CALCULATOR (SEVERITY x LIKELIHOOD)

Severity	Weight	Likelihood	Weight
Insignificant - Low	1	Improbable - Low	1
Minor – Low (First Aid)	2	Unlikely – Other factors needed but not likely	2

Moderate – Medium (Over Three Days)	3	Possible – Other Factors needed, likely	3
Major - High (Major Injury/Death)	4	Likely – Other Factors, then will happen	4
Severe – High (Multiple Death)	5	Probable – Waiting to happen	5

	(1-6)	(7-15)	(16-25)
Assessment of Risk without Control Measures: (If LOW no further action is required)	Tolerable (Low)	High Priority (Medium)	Intolerable (High)

1. Assessment of Residual Risk with Control Measures:

RISK ACCEPTABLE? <i>*Delete as appropriate</i>	*Yes	✓
	6 or less	✓

NOTE: If LOW is not achieved (score 6 or less with implemented control measures) as per the matrix above, then further additional control measures shall be required and implemented prior to accepting risk (risk level to be tolerable)