

Code of Conduct

Adult Swimmers (18 years+)

Cleethorpes and District Swimming Club Ltd.

Cleethorpes and District Swimming Club Masters Section is open to anyone aged 18 years old and above, with all standards welcome whether you just enjoy swimming for health, want to improve your strokes, or wish to compete at any level.

1. Your rights as a member:

As a member of our club, we understand you have the right to the following principles:

1. To enjoy the time, you spend training with the Club.
2. To be respected by the club and other team members and be treated fairly.
3. To feel welcomed, valued, and never judged on your race, gender, sexuality, or ability.
4. To develop your swimming skills within 'Masters' through dedicated support.
5. To be looked after if there is an accident or injury.
6. To be an inclusive member of a focused swimming team.

2. General Behaviour:

As a 'Masters Swimmer' with Cleethorpes & District Swimming Club you will ensure that you:

- Treat everyone equally and never discriminate against another person associated with Swim England on any grounds including that of age, sexual orientation, gender, faith, ethnic origin, or nationality.
- Treat all representatives within the clubs and facilities with due respect.
- Refrain from using inappropriate or abusive language, bully, harass, discriminate, or physically attack other members of the club, as violence will not be tolerated and could result in action being taken through the club disciplinary or child welfare policy.
- Report any incidents of bullying, or unkind behaviour of fellow members to a Committee Member even if just a witness.
- Adhere to the Swim England (ASA) policy and guidelines to swimming
- Refrain from using any devices to take photographs or footage of others in the changing rooms or cubicles and report any concerns of others taking photographs or footage to the respective Team Manager / Coach / Committee Member.

Swimming Training:

Training is the most important stage of your training and therefore as a 'Masters Swimmer' of the Club, you will be expected to:

- Make your coach aware if you have difficulties attending training sessions as per the training programme devised for your Masters Level.
- Arrive in good time before your session, 15 - 20 minutes before start time.
- Have all equipment with you, including paddles, kick boards, hats, goggles & drinks.
- Respect other swimmers' space in the pool, distancing appropriately.
- Think about what you are doing during training.
- Always display a high standard of work ethic and commitment.

3. Agreement:

As a member of Cleethorpes & District Swimming Club swimmers are required to:

1. Comply with the codes, rules and laws defined within guidelines set out by the ASA.
2. Behave without discrimination on the grounds of sex, race, colour, language, religion, birth, or social status as set out in the equal opportunities policy.
3. Respect the basic human rights, worth and dignity of each member.
4. Encourage others to obey the spirit of the rules and laws both in and out of the pool.
5. Treat other competitors and teams with respect, in victory and defeat.

4. Masters Swimmer Declaration:

I am aware that breaches of the code shall be dealt with by the Head Coach in the first instance and should they deem it necessary they shall report the incident to the Club Secretary who shall take further action as appropriate are defined in our Club Rules.

Therefore, as a member of Cleethorpes and District Swimming Club Masters Section I, as a member of the club agree to adhere to the Code of Conduct as written above at all times.

Signature of 'Masters Swimmer'

Printed Name

Club Number

Date