



# Teacher Requirements (COVID-19)

Cleethorpes and District Swimming Club Ltd.  
Bubbles Learn to Swim School.

Cleethorpes and District Swimming Club (the Club) adopts all contractual policies and procedures defined by their governing body the Amateur Swimming Association (Swim England) and the Government Guidelines stipulated during the ongoing Coronavirus pandemic.

## 1. Scope.

Although the Centre for Disease Control and Prevention (CDC) suggests that there is no evidence that COVID-19 can be spread to people through water in pools all club members especially those operating in a teaching capacity must ensure that they protect themselves and others both in and out of the water through following appropriate social distancing measures, good hand hygiene practices, all of which are outlined within the Swim England guidance for clubs and facilities.

## 2. Guidelines.

All teachers must adopt the additional provisions put in place to protect themselves, swimmers, families, and club members and, during any period of work teachers are required to undertake a number of key processes which are definitive within COVID-19 requirements.

### Lesson Plans.

Structured Lesson Plans will be allocated by the Learn to Swim Lead and followed by all teachers during each session, thus reducing proximity to swimmers as much as possible, whilst ensuring good quality teaching and prioritising safety throughout. Teachers will be expected to:

- Comply with the defined numbers in line with bather number and class size.
- Work within the same 'bubble group' thus limiting mixing.
- Undertake all lessons from poolside only (no in pool teaching is allowed.)
- Teach from a standing position refraining from 'face to face' interaction with swimmers.
- Encourage swimmers to stay in their area and try to keep a distance from others.
- Use the poolside to enter/exit the water where possible.

### Cleaning and Hygiene Requirements.

Forming part of the working pattern, teachers will ensure that the following cleaning is undertaken throughout the service provision:

- Submerging of swimming equipment in the pool between each lesson.
- Chairs and touch points are wiped and cleaned to the required standards between each lesson.
- Additional areas including the toilet area are cleaned at the end of each final session.
- Deep cleans where necessary will be conducted by the teachers.
- Poolside is kept clean with swilling between each lesson when necessary, this will include the toilet area.
- Ensure parents/carers wear shoe coverings.

### Health and Wellbeing.

To ensure the spread of COVID-19 is retained at a minimum the club reserves the right to undertake a visual health check on all teachers as they arrive and implement the correct protocol should they deem a member of the teaching team to have potential COVID-19 symptoms.

Should Swim England or facility providers deem necessary Teachers may be asked to undertake a Lateral Flow and/or PCR test at a local centre.

## **3. Lesson Requirements (pre – during – post).**

### Pre- Session Requirements.

To reduce the number of people and to ensure as much social distancing as possible Teachers will be expected to monitor and manage the following and ensure that:

- Fire exits are unlocked.
- Pool tests are completed, and any concerns raised with the Learn to Swim Lead.
- A-Frame and social distance signs displayed prior to each session.
- First Aid bag in easy reach before each session.
- Swimmers **MUST** arrive beach ready in swimwear, ready to swim.
- Swimmers can only enter the building when requested by the Swim School Team.
- Parents must restrict viewing to one parent per child (Signhills.)
- Parents and swimmers must leave the pool area 5 minutes after the end of each lesson.
- Parents/carers must wear face coverings for the duration of the session.
- Parents/carers must not sit together and converse during lessons (distancing rules.)
- Parents must leave their child with the Team at the door (Whitgift.)
- Swimmers and Parents follow the one way system where applicable.
- **Every Parents/carers must sign in with the track and trace CODE for each session.**

### During the Session - Sanitise.

- Everyone will be asked to wash or sanitise their hands on the way into the pool and the Swim School Team will provide hand sanitiser for those swimmers and parents who do not bring their own.

### During the Session - Equipment.

- Swimmers will be expected to bring their own goggles.
- Teachers are unable to assist swimmers in re-applying their goggles or using equipment due to distancing measures.
- Parents should assist with putting on back floats/arm rings.
- Swimmers are unable to share any equipment during sessions, and all equipment must be sanitised following each session by the teacher.

## **4. Further Support and Advice.**

The Club and Swim England will provide support and guidance for anyone who requires assistance and advice through committee documentation and the Swim England website.

### You can speak to the clubs:

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| • Learn to Swim Lead | <a href="mailto:Ltslead.bubbles@gmail.com">Ltslead.bubbles@gmail.com</a>         |
| • Head Coach         | <a href="mailto:headcoach.cads@gmail.com">headcoach.cads@gmail.com</a>           |
| • HR Support         | <a href="mailto:humanresources.cads@gmail.com">humanresources.cads@gmail.com</a> |